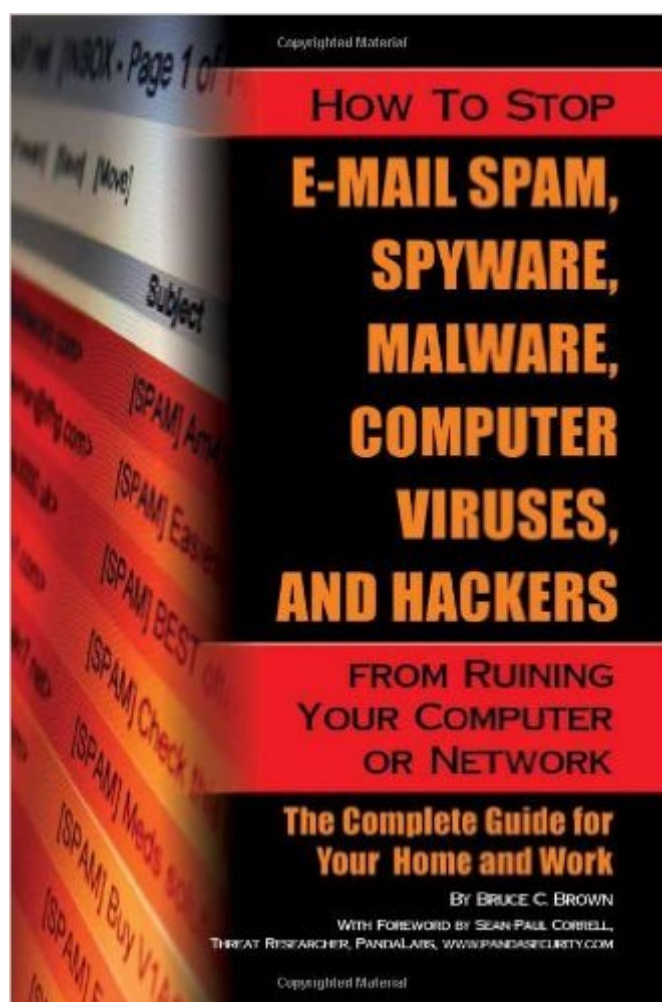


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# How To Stop E-Mail Spam, Spyware, Malware, Computer Viruses And Hackers From Ruining Your Computer Or Network: The Complete Guide For Your Home And Work





## Synopsis

It seems like everywhere you go on the Internet, there is spam, spyware, and the risk of viruses infecting your computer and ruining your online experience. In businesses alone, according to Nucleus Research Inc., spam costs more than \$712 per employee in productivity and computing resources each year. Spyware slows computers, ruins files, and can result in stolen information. According to the same Nucleus Research report, businesses lose more than \$70 billion annually because of computer viruses and the cost continues to rise as every major company moves to a fully digital workplace. Every time you download a computer virus or click on a spam e-mail by accident, you are wasting money, endangering your computer, and risking the loss of personal and business information. This complete, revolutionary book has compiled all of the vital information you need to make sure that you are able to combat the billion dollar risk of invasive software infecting your home and work computers. With *How to Stop E-mail Spam, Spyware, and Computer Viruses from Ruining Your Computer*, you will learn why there is so much spam in your inbox, how the spammer thinks, and what the goals of spyware and viruses actually are. Then, you will learn how you can start spam-proofing your inbox by never giving away personal information and using secure e-mail clients. You will learn how companies get spyware onto your hard drive and what you can do to block it from appearing. Learn which viruses have caused the most damage and how they can infect your computer. Then, discover which software is most effective at blocking the download and infestation of viruses onto your hard drives. You will learn the value of a good firewall, what it does to stop the ill will of spammers and hackers, and what actions you can take to block the breach of your firewall and your computer's defenses. Learn how to remove spyware from your computer and make sure you are not giving away personal or valuable work information. This guide will also teach you how to lock down your inbox and desktop to keep that software from returning. Find out what to do when you do get a virus and how to return your computer to the state of security it was in beforehand. Most importantly, with the valued input gathered from interviews with computer security and safety experts, you will learn how you became a target for all that spam. Discover what you are doing that makes it so easy for spammers to fill your inbox and how to safeguard your e-mail. Once you have tackled the source of the problems, as outlined in this book, you will have all the tools you need to combat the invasive and destructive effects of spam, spyware, and computer viruses. Atlantic Publishing is a small, independent publishing company based in Ocala, Florida. Founded over twenty years ago in the company president's garage, Atlantic Publishing has grown to become a renowned resource for non-fiction books. Today, over 450 titles are in print covering subjects such as small business, healthy living, management, finance, careers, and real

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## **Book Information**

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## **Customer Reviews**

Let me begin by saying that Brown's book was not what I expected. As an avid programmer, I was hoping this book would give me insight on the relatively elusive topic of network hacking. Instead, as a teenager growing up in the technological revolution, I was disappointed by the lack of profound knowledge bestowed upon me by this book. The seemingly verbose prose didn't really keep me reading - it was almost as if the book was entirely fluff. That isn't to say it isn't a worthwhile book - for some. Certain details such as the security (or lack there-of) of WEP keys would be useful for any small business owner aiming to have a secure network; however, a large majority of the book was spent explaining why you shouldn't download attachments from strangers. The way I see it, there are two scenarios related to this:1) The reader has enough technological knowledge to modify and

own their own network, thus they already know not to open attachments from strangers.2) The reader does not know not to open attachments from strangers, and is therefore completely unqualified to set up their own network, and would have no reason to read this book. Now, a book on why you shouldn't open attachments from strangers would be okay on its own, but this book has such a broad array of topics and specific nomenclature that it will waste a large chunk of your time, one way or another. All in all, I think this book really missed the mark somewhere. It borders the line between too detailed and not detailed enough, thus it doesn't really cater to much of an audience at all. I would not recommend this book to anyone, really. There is much better material to cater specifically to one's needs, rather than this weird combination of overly specific and almost insultingly obvious. -Jason Marmon

The title alone, was the reason why I wanted to review this book. Who hasn't had some kind of e-mail spam in their inbox? In this book, you'll learn how spammers think and what the goals of spyware and virus are. In the news, you always hear about government and big business being cyber attacked, but you don't hear much about small business or the average person who are attacked everyday. Hackers send out their virus to either test their virus or to try to steal personal and private information from your computer. In other words, hackers are thieves. In the book, you'll learn all there is to know about malware, spyware, adware, viruses, spam, spoofing, phishing worms, trojans, SQL injection, Hijack, Rootkits, Bots, and the impact of Malware. You'll read about the 10 most Common E-mail Scams and How to Defend Against Them. Honestly, I already knew quite a bit on the subject matter, and if you are also well informed, then this book might not be for you. Someone new to computers, or has little knowledge about protecting your computer, will find this book interesting. There are plenty of links listed for paying and free firewalls, virus scans, and other useful information to keep your computer safe from cyber attacks.

I was excited to get this book to learn advanced practices on removing viruses and spyware. This book just talks about basic common sense things. It does not teach you any advanced skills on how to remove the latest viruses or spyware. You can get all this information on the Internet. There is no need to buy this book.

I do not usually write scathing reviews, but in this case, I feel it is necessary. This book simply did not deliver on it's title. It should have been titled: "A Primer on Malware for Dolts" because it didn't have any really useful information on actually 'How to Stop' anything. This was like a \$4.99 e-book

that they decided to print -- poorly laid out with a lot of redundancy, and only basic tips that you can get from a simple internet search. To top it off, the copy I had was poorly printed (crooked pages with the page numbers cut off at the bottom), and cheaply bound. It was also very dry reading. I don't think the intended audience (complete novices) could get past the first chapter. If you want a basic overview of malware and what to do about it, save yourself the trouble and get a '...For Dummies' book. If you must read it, check your library. Please do not promote bad publishing by buying this book!

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